



A GUIDE TO THE WHAT, WHY, HOW, AND WHERE WHEN ASKING SOMEONE TO SHARE THEIR WITNESS

What is a witness?

- A witness is a testimony about God's impact on our life. Just as we share with others what makes us happy (a great day with family or a great restaurant), so too we should share the joy a relationship with Jesus has brought to us.
- A witness about the Eucharist is a testimony about the transforming power that Christ, truly present in the Eucharist, has in our lives.

Why does it matter?

- Our hope is that others see that the Christian life is one of joy. Our witness has the power to encourage others in their journey.
- As baptized Christians, we are called to live out our promise to the "common priesthood of the faithful" (CCC 1591) through our prayers, witness, and service to others.

What should a person witness to?

- The impact the Eucharist has had on their life using concrete examples. Think about:
 - Why they believe in the True Presence of Jesus Christ in the Eucharist?
 - If you a convert, what was their life like before they believed and how has it changed since believing?
 - What would they want to tell someone who has never been to Adoration?
 - Why do they go to Mass? What do they hope others will receive from participating?

How should they give their witness?

- For a video, keep it to 30-60 seconds; for a personal witness at the end of a Mass or some other gathering, 2-3 minutes.
- Keep it focused on Jesus, the Mass, the Eucharist.
- Find a balance in how personal it is. If it is too personal and they are uncomfortable or crying, it may be too intimate to share.
- Give a challenge at the end. For example, if they talk about their love of Eucharistic Adoration, encourage/challenge the listener to go for 15 minutes this week.

Where to share Eucharistic Witnesses:

- Website
- Social media for the parish, shrine, school, or ecclesial community or a person's personal social media
- End of Mass (not during)
- At a ministry or faith formation gathering
- With someone you meet who asks why you believe

Keep in mind:

- For videos -
 - a talent release form should be signed by each person (or parent/guardian) filmed
 - someone posting to their own social media does not need to fill out a release
- For a live witness to the faith community -
 - make sure the person has had their witness approved by the pastor before sharing it in public
 - rehearse the witness in front of someone first