

## Advance Care Planning Resources

Five Wishes, an advance directive legally accepted in the state of Massachusetts:  
[www.agingwithdignity.org](http://www.agingwithdignity.org)

Your Conversation Starter Kit, a guide to help you talk about your wishes for serious illness care including the new COVID-19 guide:  
[www.theconversationproject.org](http://www.theconversationproject.org)

Honoring Choices Massachusetts, provides a simple, structured approach to health care planning: [www.honoringchoicesmass.com](http://www.honoringchoicesmass.com)

Medical Orders for Life Sustaining Treatment (MOLST), Massachusetts:  
[www.molst-ma.org](http://www.molst-ma.org)

Hello (formerly My Gift of Grace), a conversation game for living and dying well:  
[www.mygiftofgrace.com](http://www.mygiftofgrace.com)

Ethical and Religious Directives for Catholic Health Care Services, United States Conference of Catholic Bishops: [www.usccb.org](http://www.usccb.org)

Archdiocese of Boston *Initiative for Palliative Care and Advance Care Planning*:  
[www.bostoncatholic.org/palliativecare](http://www.bostoncatholic.org/palliativecare)

Catholic Health Association: [www.chausa.org](http://www.chausa.org)

Supportive Care Coalition, ‘...a coalition of Catholic Health ministries...advancing excellence in palliative care’: [www.supportivecarecoalition.org](http://www.supportivecarecoalition.org)