



**A YEAR OF THE EUCHARIST MISSIONARY IS:**

**SOMEONE WHO BELIEVES IN THE TRUE PRESENCE OF THE BODY, BLOOD, SOUL, AND DIVINITY OF JESUS CHRIST IN THE EUCHARIST AND WILL DEDICATE HIM/HERSELF TO**

**PRAYER**

- Commit to praying an additional 1% of each day (15 minutes) as a teen or adult. This can be done at home, in front of the Blessed Sacrament, by going to Mass, or reading Scripture, etc.
  - Families and/or youth (12 and under) promise to say at least 3 prayers a day, such as a morning offering, grace before meals, and a bedtime prayer.

**PARTICIPATION**

- Commit to helping with and attending events at your parish, shrine, school, campus ministry, or ecclesial community
  - consider ways to help homebound missionaries participate, such as picking them up to attend an event and/or have them assist with an administrative task

**PROMOTION**

- Commit to witnessing to the power of the Eucharist in your life through giving a witness at the end of a Mass, on a video or at a faith formation gathering, writing something for the bulletin, making a picture to hang up at home, church or school, or spreading the word about your communities' activities

I, (person's or family's name) \_\_\_\_\_

from (parish, shrine, school, campus ministry, ecclesial community)

\_\_\_\_\_ commit to pray, participate, and promote the Year of the Eucharist from The Feast of Corpus Christi on Sunday, June 14, 2020 to The Feast of Corpus Christi, June 6, 2021.

Signature \_\_\_\_\_ Date \_\_\_\_\_

*(Please note that this commitment can be shared with the Year of the Eucharist Coordinator at your parish/collaborative/shrine or school, with your pastor if no coordinator exists, or keep as your own private declaration.)*

**“DO THIS IN REMEMBRANCE OF ME.”**

**1 CORINTHIANS 11:24**