



PRAY / EDUCATE

I commit to

BE VOCAL

I commit to

JOIN / FORM / TAKE ACTION

I commit to

PRAY/ EDUCATE

- Pray about how God is calling me to act. Commit to pray and reflect on my own biases and prejudices. This is an important step of spiritual awakening. With many houses of worship still holding virtual services, there are many choices to watch pastors of diverse backgrounds preaching against racism.
- Commit to continued learning on the issue of racial justice through books, trainings, webinars and articles. (See suggested links on Archdiocese Social Justice website)

BE VOCAL

- Silence equals complicity. Commit to speak up every time I witness instances of racial injustice or prejudice.
- Commit to ongoing conversation about racism with my children, family and friends.
- Ask my pastor to address racism in his homilies and include a prayer denouncing racism in the Prayers of the Faithful at Mass.
- Suggest the “*Open Wide Our Hearts*” bulletin insert for the weekly bulletin in my parish. (See suggested links on Archdiocese Social Justice website)
- Suggest a racial healing prayer vigil be held at my parish (See suggested links on Archdiocese Social Justice website)

JOIN / FORM / TAKE ACTION

- Invite a group of parishioners/friends to view the recording of today’s Convocation on Racial Justice and then gather to discuss what moved us and where the Holy Spirit is leading us as a result.
- Find a discussion group or book club where inter-cultural or anti-racism conversations are happening and ask to join. (Suggest the USCCB’s “*Open Wide Our Hearts*” document, suggested book club readings are listed on Archdiocese Social Justice website)
- Visit justfaith.org for more information on the Just Faith “Faith and Racial Equity” national program that deepens our faith & expands our knowledge
- Start/join a parish Social Justice Committee at my parish. Contact other parishes to discuss social justice initiatives to promote in my own church.
- Develop racial justice proclamations for my parish to commit to live by.
- Work with my local Catholic School to introduce a curriculum on Racial Justice and anti-Racism
- Donate/Invest: Make a contribution to Black Scholarships and/or organizations supporting Racial Justice. Support local Black-Owned businesses.
- Advocacy: Write to my elected officials to promote Racial Equity

*More information on each suggestion & links are provided on the Social Justice Ministry website:
bostoncatholic.org/socialjustice*