

Holy Hour for Life, Forgiveness and Healing
With Exposition of the Holy Eucharist
Presider and Reader Edition



"...that I should not lose anything of what he gave me..." John 6:39

**Boston Deacons for Life in Collaboration with the
Office of Diaconal Life and Ministry & Pro Life Office – Archdiocese of Boston**

In Prayerful Solidarity for

- * increased respect for the dignity of human life from conception to natural death
- * forgiveness and healing for all those wounded by abortion
- * peace for those facing death and terminal illness, and
- * holiness within the Church to transform the culture.

OPENING SONG AND EXPOSITION OF THE BLESSED SACRAMENT:

The opening song is concluded and a period of silent prayer follows.

OPENING PRAYER

God our loving Father,
you alone are the Creator and Author of all human life.
We come before you with our prayers for life, forgiveness, and healing.
We pray for the protection of every human being,
wisdom to those who govern us,
and compassion for those who work to defend human life.
Graciously pour out many graces upon your Church.
Grant your forgiveness and healing to all those involved in abortion.
In the Eucharistic presence of your Son, the Light of the World,
scatter the darkness of sin
and help us to love you and our neighbor with all our hearts.
Through Christ our Lord. Amen.

At the conclusion of the opening prayer, a period of silence follows.

LITURGY OF THE WORD

FIRST READING

A reading from the book of the Prophet Isaiah 49:1-6

Hear me, coastlands, listen, distant peoples.
Before birth the LORD called me,
from my mother's womb he gave me my name.
He made my mouth like a sharp-edged sword,
concealed me, shielded by his hand.
He made me a sharpened arrow, in his quiver he hid me.
He said to me, you are my servant, in you, Israel, I show my glory.
Though I thought I had toiled in vain,
for nothing and for naught spent my strength,
yet my right is with the LORD, my recompense is with my God.
For now the LORD has spoken who formed me as his servant from the womb,
that Jacob may be brought back to him and Israel gathered to him;
I am honored in the sight of the LORD, and my God is now my strength!
It is too little, he says, for you to be my servant,
to raise up the tribes of Jacob, and restore the survivors of Israel;
I will make you a light to the nations,
that my salvation may reach to the ends of the earth.

The word of the Lord.
All: Thanks be to God.

Psalm 139: 1b-3, 13-14b, 23-24 LFM 440

R. Guide me Lord, along the everlasting way.

O Lord, you have probed me and you know me;
You know when I sit and when I stand;
You understand my thoughts from afar.
My journeys and my rest you scrutinize,
With all my ways you are familiar.

R. Guide me Lord, along the everlasting way.

Truly you have formed my inmost being;
You knit me in my mother's womb.
I give you thanks that I am fearfully, wonderfully made;
wonderful are your works.

R. Guide me Lord, along the everlasting way.

Probe me, O God, and know my heart;
Try me, and know my thoughts;
See if my way is crooked,
And lead me in the way of old.

R. Guide me Lord, along the everlasting way.

GOSPEL ACCLAMATION

R. Alleluia, alleluia. Jn 6:39

And this is the will of the one who sent me,
that I should not lose anything of what he gave me.

R. Alleluia, alleluia.

GOSPEL

(John 6:35-40)

A reading from the Holy Gospel according to John

Jesus said to the crowds:

"I am the bread of life; whoever comes to me will never hunger,
and whoever believes in me will never thirst.
But I told you that although you have seen me, you do not believe.
Everything that the Father gives me will come to me,

and I will not reject anyone who comes to me,
because I came down from heaven not to do my own will
but the will of the one who sent me.

And this is the will of the one who sent me,
that I should not lose anything of what he gave me,
but that I should raise it on the last day.

For this is the will of my Father,
that everyone who sees the Son and believes in him may have eternal life,
and I shall raise him on the last day."

The Gospel of the Lord.

All: Praise to you Lord Jesus Christ.

*After the Gospel, a brief homily may be offered.
(Please note: these words should be carefully chosen so as to reflect
the tender compassion of God and the generous mercy of Jesus Christ.)*

A period of silence follows for personal prayer and adoration.

PRAYERS OF PETITION

Presider: Dear Brothers and Sisters,
let us turn to the Lord, who is full of mercy and compassion,
and let us present to him our prayers and petitions.

Reader: The response to each petition is: "*Lord, have mercy.*"

For a deep courage to fill the hearts of women and men who are
contemplating abortion at this very moment. We pray to the Lord.
R. *Lord, have mercy*

For the mother who awakens each morning with the memory of abortion
fresh in her mind. We pray to the Lord. **R. *Lord, have mercy***

For the father whose child died with his cooperation and consent. We
pray to the Lord. **R. *Lord, have mercy***

For the parents who influenced their child's choice to abort their
grandchild. We pray to the Lord. **R. *Lord, have mercy***

For the doctors, nurses, and all those who performed or assisted with
abortions. We pray to the Lord. **R. *Lord, have mercy***

For conversion of hearts to see the image of God in every unborn child and pregnant mother and work to promote life-affirming alternatives to abortion. We pray to the Lord. *R. Lord, have mercy*

For elected officials to have the courage to uphold the dignity of all human life from conception to natural death. We pray to the Lord. *R. Lord, have mercy*

For the tens of millions of unborn human lives ended since abortion was legalized, may they rest in the eternal love and care of God. We pray to the Lord. *R. Lord, have mercy*

For pro-life activities, that compassion and humility permeate their work and words. We pray to the Lord. *R. Lord, have mercy*

For the Church, that all its members follow the example of Christ, the Good Shepherd, and faithfully protect the innocence and well-being of all children. We pray to the Lord. *R. Lord, have mercy*

For repentance, healing, forgiveness, and peace in our hearts, our church, and our nation. We pray to the Lord. *R. Lord, have mercy*

Presider: With longing for the coming of the Kingdom,
let us pray as Jesus taught us:

Our Father, Who art in heaven,
Hallowed be Thy Name.
Thy Kingdom come.
Thy Will be done, on earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
Amen.

BENEDICTION

At the conclusion of the Lord's Prayer, the presider goes to the altar, genuflects, and then kneels. As he kneels he prays:

Presider:

Look down, O Lord, from your heavenly throne,
and illumine this night with your celestial brightness;
that by night as by day, your people may glorify your holy Name;

through Christ our Lord.

All: Amen.

HYMN: TANTUM ERGO

The Eucharist is incensed with three triple swings.

**Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui**

**Genitori, Genitoque
Laus et jubilatio
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.**

or:

**Down in adoration falling,
This great Sacrament we hail:
Over ancient forms of worship
Newer rites of grace prevail:
Faith will tell us Christ is present,
When our human senses fail.**

**To the Everlasting Father,
And the Son, who made us free,
And the Spirit, God proceeding
From them each eternally,
Be salvation, honor, blessing,
Might and endless majesty. Amen.**

Presider:

Let us pray.

Lord Jesus Christ, you gave us the Eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood
help us to experience the salvation you won for us
and the peace of the kingdom
where you live with the Father and Holy Spirit,

one God, forever and ever. Amen.

BENEDICTION

*The presider blesses the congregation with the Blessed Sacrament.
He returns to the front of the Altar for the Divine Praises.*

THE DIVINE PRAISES

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

REPOSITION

*After the Divine Praises, the Blessed Sacrament is removed
from the monstrance and brought to the place of reservation.*

CONCLUDING HYMN: “Holy God, We Praise They Name”

Holy God, we praise thy name: Lord of all, we bow before thee;
All on earth thy scepter claim, All in heaven above adore thee.
Infinite thy vast domain, Everlasting is thy reign!
Infinite thy vast domain, Everlasting is thy reign!

Hark, the loud celestial hymn; Angel choirs above are raising
Cherubim and Seraphim, In unceasing chorus praising,
Fill the heavens with sweet accord: Holy, holy, holy, Lord!
Fill the heavens with sweet accord: Holy, holy, holy, Lord!

Archdiocese of Boston



Pro Life Office

"What is urgently called for is a ... united ethical effort to activate a great campaign in support of life. All together we must build a culture of life."

Pope John Paul II, *The Gospel of Life*, n. 95

Pregnancy Help

www.pregnancyhelpboston.org

Project Rachel

www.projectrachelboston.com

<https://www.bostoncatholic.org/Pro-LifeOffice.aspx>

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