

Divorced and Separated Support and Resources for Catholics

Support Group:

Support for the Divorced and Separated is offered through St. Augustine Parish, Andover. The group meets virtually during the COVID pandemic every Thursday night from 7-9 PM. For more information, and to access a link to join the group, please contact Klara Vajda at 508-265-3883. To read more about the program, or watch a brief video by its founders, visit the parish website [here](#).

Programs and Additional Support:

Ascension Press' program *Surviving Divorce*, led by host Rose Sweet, features Father Mitch Pacwa, S.J.; Father Don Calloway, M.I.C., and other well-known Catholics. The program is comprised of a 12-part video series featuring in-depth presentations and interviews with Catholic men and women who have experienced the pain and trauma that often accompanies divorce. Individual subscriptions to the online course are offered along with home-based family packages. Support groups are often formed using the program materials. Parishes can purchase the program with a leader's guide. For more information, visit <https://ascensionpress.com/collections/surviving-divorce>

Recovering from Divorce, a program offered by divorcedcatholic.com, offers a variety of support for those experiencing divorce. Founded by Catholic author and EWTN-featured guest, Vince Frese the program features a 13-part video series coupled with support group meetings (offered virtually and in-person where offered), personal coaching, blogs, and related reading materials. The program provides guidance, support, and both practical and spiritual encouragement for Catholics. Founder Vince Frese is the author of *Daily Inspirations for Divorced Catholics* and co-author of *Divorced. Catholic. Now What?* For more information, visit divorcedcatholic.com.

Catholic Divorce Ministry is the ministry of the North American Conference of Separated and Divorced Catholics, Inc., working since 1974 to "create a network of support for families experiencing separation and divorce. CDM speaks to the Church with the united, collective voice of separated and divorced Catholics. Through its Central Office, conferences, member groups, ministry leadership training, resources, and liaisons with church and civic organizations, CDM has substantially improved the entire family's experience of divorce by addressing the religious, emotional, financial, and parenting issues relative to separation, divorce, and remarriage." The organization also offers retreats (virtually, during the COVID pandemic) through its program, *Beyond Divorce*. For more information, visit [Catholic Divorce Ministry](#).

Life-Giving Wounds strives to help young adults and adults with divorced and separated parents give voice to their pain and find deep spiritual healing. They accomplish this by providing unique means for Christ to transform their life-draining wounds into *life-giving resources* of faith, hope, love, and joy for themselves, their relationships, and the Church. They seek to help them make and sustain a life-long gift of love in either the vocation of marriage or consecrated life. They accomplish this work of spiritual healing through establishing peer-led diocesan, college campus, and parish retreat ministries and support groups, integrated within the community of parish life or campus ministry. They also provide online ministry and outreach (FB + IG), print resources, and presentations, trainings, and consultations. For more information visit www.lifegivingwounds.org