

Seasons of Hope Catholic Grief Support (Currently on Zoom) St. John-St Paul Collaborative, Wellesley

Seasons of Hope is open to all those who are grieving the loss of a loved one. With the help of scripture, prayer, reflection and small group discussion, we give voice to our unique journeys of grief, and find healing, comfort and spiritual growth.

Seasons of Hope is centered on Jesus Christ and grounded in the healing wisdom traditions and practices of the Catholic Church. The ministry is lead by trained facilitators and many parishioners who have taken part in prior seasons have found this program helpful as they grieve.

If you are interested in participating, please contact Laurie Jacob at Ljacob156@gmail.com 339-222-0335 or Anne Mears at anne.mears@sjspwellesl... 781-235-1060

Holy Family, Duxbury

(781) 934-5055

- We have had a small book rack (temporarily taken out due to pandemic restrictions) in our front narthex dedicated specifically to books on issues related to bereavement / loss.
- Our parish has Stephen Ministry, which provides one on one care and support for anyone going through a life crisis/challenge, including loss of a loved one. Caregivers receive 50 hours of training to carry out this ministry to hurting parishioners.