



# Natural Family Planning Week

## July 25-31

*Celebrating a holistic lifestyle that is rooted in science, respects the design of the human body, deepens spousal love, and builds virtue*



### Virtual Rosary for Couples Struggling with Infertility, Difficult Pregnancies, or Infant Loss

Monday, July 26, 2021 | 7:30 PM | [bit.ly/VirtualRosary2021](https://bit.ly/VirtualRosary2021)

Join Fr. Ed Riley and the Family Life team as we pray for couples struggling with infertility, difficult pregnancy, or infant loss on the Feast of Sts. Anne and Joachim, parents of the Blessed Virgin Mary. All are welcome to join us in prayer. Register via Zoom [here](#).



### Method Match: How to Choose a Natural Fertility Awareness Method That Works for You

Wednesday, July 28, 2021 | 7:30 PM | [bit.ly/MethodMatch2021](https://bit.ly/MethodMatch2021)

Join us for an interactive webinar that will help you navigate the crowded field of fertility awareness methods, apps, and tools with certified NFP instructors, Mikayla Dalton and Christina Valenzuela, and GYN, Dr. Patricia Jay. These experts will help you and your spouse sift through the options and discover a method that works for you. Whether you're new to natural fertility management or a veteran looking to make a method switch, this webinar is for you! Register [here](#).

