

Central -Winthrop-Saint Michael the Archangel

Those who experienced the death of a loved one are invited to attend a six-week Bereavement Group.

The next meeting is on a date that will be announced soon.

Coordinator: Sister Jane Iannaccone, S.P.

Email: bereavement@stjohnswinthrop.org

Merrimack -North Andover- Saint Michael

- **BEREAVEMENT SUPPORT**

Bereavement support is available to individuals and families in an effort to ease the burden of their grief. St. Michael's hosts a program called, "Beginning the Grief Journey," presented by Merrimack Valley Hospice, for those who are experiencing the loss of a loved one.

Participation: 6-week programs offered in the spring and fall.

Contact: Patricia Boutilier 978-686-4050

North -Danvers-Saint Mary

Grief Support Group

Everyone grieves differently when it comes to the loss of a loved one. There is sadness, loneliness and sometimes even feelings of frustration and anger. It's important to find ways to cope, so that the healing can begin. Our Grief Support group is free and available to anyone in the community who has experienced a loss. This group is beneficial because it provides a place to begin sharing your grief with others who have suffered a loss and it promotes building long-term supportive relationships. St. Mary's parish offers a Grief Group on the second Friday of every month for those who have experienced the loss of a loved one. We all know that the loss of a beloved parent, a spouse, a child, a dear friend leaves a "hole in the soul." Our group will allow people to come together to pray and to share their stories of their loved ones who have died. In this kind of setting many can find solace, support and understanding. Our pastoral associate, Ken Meltz along with Jerry Dunn, a parishioner at Saint Maria Goretti in Lynnfield, will facilitate this group which meets from 7:00 PM to 8:30 PM in the rectory.

North -Lynnfield-Ave Maria

Grief Support Meeting

WEDNESDAY 17th **AUGUST** 3:30pm – 5:00pm

St. Maria Goretti Church Hall, 112 Chestnut St., Lynnfield **ADD TO CALENDAR**

Whether your loss is recent or you've been mourning for many years, we invite you to this safe place to share your journey of grief and find hope in the promise of a new day. Facilitated by Donna Hegan, Tom Adamczyk, and Kathy Lucey. Contact [Donna](#).

North -Stoneham- Saint Patrick

"COMFORT THE SORROWFUL"

In an effort to walk with the bereaved during the difficult and painful period of mourning, Saint Patrick Parish offers a variety of programs through which we endeavor to be a faithful presence of hope and consolation through our Lord, Jesus Christ.

Although we are deeply saddened by our loss, we do not grieve as those who have no hope (1 Thes. 4:13-18). Jesus walks with us in our suffering and wants to help us carry the burdens of our grief. Saint Paul tells us that Jesus died to secure for us the promise of salvation and assures us that, if we believe in Him, we will one day be with Him in heaven, "for if we believe that Jesus died and rose, so too will God, through Jesus, bring with Him those who have fallen asleep" (1 Thes. 4:14). In Christ, we stand firm in hope that, one day, we will be reunited with loved ones who have gone before us in the glorious presence of our Almighty Father for all eternity.

For more information or if you would like to register for any Bereavement Ministry event, please call the Parish Office at [781-438-0960](tel:781-438-0960). All are welcome.

North -Winchester- Saint Eulalia

Bereavement

Contact: Barbara Mahoney 781-729-8220 ext.16

Support group for the bereaved, offered multiple times throughout the year.

South -Norwood-Saint Timothy

Grieving a loss is a process which is unique to each individual. It is one of life's most painful experiences and takes time.

While some people seek the emotional and spiritual support of others as they journey through grief, others prefer to grieve privately and we are always respectful of that. We encourage you to contact us if we can be of assistance in any way.

Bereavement Support Groups are held in the Spring and in the Fall each year. The groups provide members with a welcoming atmosphere to share feelings, listen and mutually support others who have experienced the death of a loved one. Participating in a Bereavement Support Group can help to reduce feelings of isolation, provide information on the normal grief process, and build new supports and friendships.

The annual Mass of Remembrance is held in November and is a time to celebrate and remember all those who died and were buried from our parish in the past year.

South -Stoughton-Immaculate Conception

Ministry of Consolation

The Ministry of Consolation is a volunteer group of parishioners from both St. James and Immaculate Conception who have received training to console and support those who have lost a loved one. They assist our clergy by attending wakes, assisting with wake services, helping people with funeral Mass planning, serving at funerals and providing outreach to those requesting ongoing support. The Ministry of Consolation also provides a grief support group roughly twice a year for participants to share their experiences with others in a small group setting. In addition, a group of dedicated crafters get together to prayerfully knit and crochet prayer shawls which are given to caregivers and bereaved family members. For more information, email griefsupport@stoughtoncatholic.org or call the parish office at 781-344-2073 and request a callback from Jane Griffin.

West -Newton-Our Lady Help of Christians

- Bereavement Support Group

The death of a loved one is unlike any other loss. Whether the death was sudden or one with preparation, the reality of death leaves most of us shocked, confused, and sad. These feelings may last for years. Grieving people need time and space to honor their grief. Your loss may be recent, or it may be years ago.

Our Collaborative has developed a program to help you start the healing process. We offer two 6-week workshops each year with a monthly drop-in group in between sessions.

Sessions meet at Our Lady's in the McPherson Room (Lower Level of Church just off the parking lot entrance)

For more information, contact Kate Neal [by email](#) or phone at 617-527-7560 x219.

West -Sudbury-Ascension

Funeral/Bereavement

Parishioners who are seeking help in this ministry have recently experienced a great loss. They need someone who is warm, kind, and compassionate to be there for them and help them understand they are not alone during this time of suffering. Ministry Lead: Jody O'Malley.