



### **March 3, 2007 - Cardinal Podcasting During Lent**

**Brighton, MA** -- CatholicTV and the Archdiocese announced today that Cardinal Seán P. O'Malley's podcast has been updated with new video available for downloading during this sacred period of Lent.

The Cardinal's podcast can be viewed and subscribed to at [iCatholic.com](http://iCatholic.com) or through iTunes.

In addition to "CardinalCast" and "The Priest," CatholicTV is now offering "Lent: Through Darkness to Light." It is a multi-part series featuring Phyllis Calvey, one for each day of Lent. It can be viewed at [CatholicTV.com](http://CatholicTV.com)

Cardinal Seán said, "For Catholics, Lent is a very important time which begins with Ash Wednesday. During Lent we try to live more intensely our union with the Lord and with our brothers and sisters in the Church. My hope is that my Podcasts help our faithful reflect on their relationship with Christ and each other during this most sacred time of the year."

The Cardinal began podcasting at Christmas and regularly updates the video available for downloading free of charge.

Fr. Robert Reed, Director of CatholicTV said, "We have seen a steady increase in the number of people viewing our video available on iCatholic. We are blessed to have the Cardinal so readily sharing of himself with the people of the Archdiocese and the world. He teaches, inspires and calls us to live a truer and more complete life as Catholics. We encourage all to share in this exceptional perspectives on the Catholic faith.

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